

Broken Vessels Post-Abortive Healing & Recovery Group – July 25

Discover hope and healing from abortion. Break free from the past and experience compassion that leads to true freedom. Broken Vessels Post-Abortive Healing and Recovery Group is offered by Women's Choice Network. First meeting begins Tuesday, July 25th at 7:00pm. 145 Mall Circle Dr. Monroeville, PA 15212 For more information or to register call (412) 687-7767 ext. 205 and leave a message. Or email jessicap@womenschoicenet.com or visit www.brokenvesselsgroup.com



Live Life Pursue Happiness Nurse Practitioner Workshop on Addiction

EmPOWERment in the Midst of Chaos: When Someone You Love is an Addict

As a nurse practitioner, I have treated those suffering with addictions and often provide therapy to their family members. If someone you care about is an addict, this workshop is has been created for you. Although, you can't change another person, it is possible to *influence* an addict by becoming *empowered* by knowledge and strategies that work to cut through the chaos. Information shared can be applied to various forms of addictions, regardless of the behavior or substance.

What to Expect at the Workshop

- A lecture format and relaxing environment that does not require personal disclosure
- The most up to date information on addictions and addictive behaviors
- Explanation of biological basis for addictions
- Discussion of treatment options
- Empowering strategies to *stay sane*
- Empowering love to influence the addict
- Resources for addicts and their families
- All for the price of a copay and light lunch is provided



Where: 140 Pennsylvania Ave, Oakmont PA 15139

When: July 29, 2017 9:00 am until 1:00 pm

Cost: \$35.00 (lunch included)

Please email me to reserve, seats are limited

Email: joann@livelifepursuehappiness.com

Phone: 412-720-6555

PENN HILLS SERVICE ASSOCIATION—PEOPLE HELPING PEOPLE

Current need – Any type of soup product. **You may drop your donations off at the PHSA on Thursdays from 8:00 am to noon.** The Penn Hills Service Association is located on Main Street in Universal. Monetary gifts are always welcome. **(Make checks payable to the PHSA and place in the offering plate.)**

FOR IMMEDIATE RELEASE

For more information contact:

Karen Fischetti

(412) 770-4418 (c) fisch1jm@comcast.net



THE BLESSING BOARD'S VINTAGE MARKET IS NOW OPEN ON FRIDAYS AT 9:00 AM

Oakmont, PA. – The Blessing Board's Vintage Market has its doors open from 9:00am to 10:00pm every Friday.

The Vintage Market operates as an extension of The Blessing Board's Avenue Coffee, which is becoming a hotspot for local coffee lovers. The Vintage Market boasts an ever-changing offering of antiques, mid-century modern furniture and shabby chic originals custom painted by our retail sales coordinator and resident painter. 100% of all retail sales goes directly to The Blessing Board.

Coffee and tea are available throughout the day, but starting at 4:00pm our baristas take center stage creating specialty coffees teas and smoothies. And don't forget to try one of our delicious pastries.

That's not all. Beginning at 7:00pm, live music is offered which changes weekly. There is no cover charge for the music, coffee, or pastries, but donations are accepted. Once again 100% of Avenue Coffee proceeds goes directly to The Blessing Board.

Avenue Coffee and the Vintage Market were founded to provide support for The Blessing Board, a non-profit 501(c)(3) organization providing donated household furnishings to those in need at no cost in response to what God has done for us.

Avenue Coffee and the Vintage Market are located inside The Blessing Board at 140 Pennsylvania Ave. Oakmont PA, 15139.

For more on either Avenue Coffee or The Blessing Board, please visit

<https://www.avenuecoffeeetbb.com/> and <http://www.blessingboard.org/>.



Free Food & Fun

SUMMER FOOD PROGRAM

**Free Meals this Summer
for Anyone 18 and Under
No Paperwork Required • No Cost**

**Call 211 or Text FOOD to 877-877
to Find Your Local Site**



Greater Pittsburgh
community food bank



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SUMMER FOOD PROGRAM

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HOLY GHOST FUN OUTREACH MINISTRIES

3534 Laketon Road (Front Entrance) 15235

Lunch:
12:00pm -
2pm



Greater Pittsburgh
**community
food bank** 



Mt Hope Community Church at 12106 Frankstown Rd is having a Craft and Vendor Show along with Wednesdays on the Lawn on the first Wednesday of every month starting June 7th through September from 2 to 6pm.

There will be food and all kinds of vendors and crafters.

So bring your appetite for a dinner and some money to buy from our crafters and vendors. Dinners start at 4:30pm. Should be a good time for all.

Announcing...

The Caribbean Youth Network is offering two Open weeks for mission experiences in The Bahamas for:

complete mission teams
small groups
individuals

These weeks participants will be assisting CYN to host summer camps for children and youth.

Week One: July 2-8th on Long Island, The Bahamas

Week Two: July 23-29th on Great Abaco Island

Cost \$850 per person includes: lodging, meals, supplies and local transportation. We can help with airfare arrangements but the flights will need to be purchased separately.

Contact Jan Swing to register or for more information:

janswing1@gmail.com



Lost and Found

Pharmacy



THE PHARMACY AND SODA FOUNTAIN ARE OPEN! STORY TIME EVERY SATURDAY AT 12:30 PM

**11555 FRANKSTOWN ROAD - PENN HILLS
412-243-1369**