

## Timeline

Anatomy of a Disciple is an 8 week study. Groups begin the week of October 1st. Doing one session a week would wrap up your group the week of Thanksgiving. You may choose to take each session one at a time or double up lessons, or any configuration that you decide will work best for your group.

## Your Role as Leader

Begin and end each session with prayer, dedicating your group time to the Lord. Share prayer requests. Be "okay" with silence.

Build in connection time. Create opportunities to develop relationships whether through sharing a meal, creative "ice-breakers," or other means.

Set the tone for sharing by being transparent yourself, ask good questions to really get to know others and make yourself available other days of the week. Especially if you are meeting with a new group, challenge attenders to connect outside of the group whether it's getting lunch after Church, coffee during the week or playdates with kids.

## Example Session

Connection time 10 min.

Prayer 5 min.

Video 10min.

Discussion Time 25 min.

Group Prayer 10-15min.

Fellowship 30 min-1hr

## Prepare

Make sure you arrange preparation time to comb through the next session's discussion questions, preview the video content, and pray for your group members. If you're covering two sessions at once you will need to trim some of your questions. Praying for your group is crucial.

## Expectations

The more you address with your group up front the better off you are down the road. Think through the values, culture, and expectations you want your group to strive for when together. Cover these at your first session and revisit them often.

## Project: Be the Church

Jesus calls us to serve and to love our neighbors as ourselves as we follow after him together. Each small group is challenged to coordinate and carryout a service project some time in the course of your study. Brainstorm early on, consider the unique resources and talents represented in your group and the needs that you're aware of. Share your service project with others by tagging The Naz in photos or by using the hashtag [#bethethechurch](#). Have fun!

## After

If your group decides to continue meeting as a small group after Anatomy of a Disciple, the Naz will help you become a part of our small group program. Contact Susie for further instructions, training and resources.

## Materials

Video content and group discussion guides are available at [www.rightnowmedia.org](http://www.rightnowmedia.org) Use the search bar at the top of RNM's homepage to find The Anatomy of a Disciple. If you or anyone in your group has not logged in to RightNow Media yet, you can do so by emailing Susie (contact info below).

You will need wifi and a suitable screen size to enjoy the videos. Also on RightNow Media each member of your group has the option of taking a personal discipleship assessment for \$20.

## Childcare

Consider utilizing the Naz's FREE childcare services Sunday nights from 6-8pm for infants - 3rd graders. Small Group Childcare services will be available from Oct 1st-Nov. 19th. If Sunday nights don't work for your group, another option is to hire a sitter for your group and have everyone with kids chip in to cover costs.



## Small Group Guide

Questions? Need help?

Contact Susie at

[stownsends@ffnaz.org](mailto:stownsends@ffnaz.org)

or (218) 736-2764 ex. 305

Therefore go and  
make disciples of  
all nations,  
baptizing them in  
the name of the  
Father and of the  
Son and of the  
Holy Spirit

Matthew 28:19



THE  
ANATOMY  
OF A  
DISCIPLE



The Naz  
1319 N. Cleveland Ave  
Fergus Falls, MN 56537  
[www.ffnaz.org](http://www.ffnaz.org)

**Small Group  
Leader Guide**

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