



A note from Kara

At Christ Clinic we believe that taking care of the most vulnerable people in our area is vital to the entire community. Because of your support we help those in need, help our growing local economy, and help save on the high cost of healthcare. Generosity is an amazing blessing that crosses over all gender, age, race, ethnicity and socioeconomic statuses. It is something that you can participate in, no matter the size of the gift.

Our patients love to give back, if and when they can. We are always blessed to share our patients' amazing stories with the public. James became a patient at Christ Clinic in the beginning of 2014. James has a wife, three kids and ran his own business, successfully providing for his family. At the end of 2013, he had some severe back pain and wasn't able to work. He ended up in the local emergency room where they found that his back pain was due to an infection in the bones in his back. This is extremely painful and difficult to treat. The hospital started James on some antibiotics and referred him to Christ Clinic. Our staff met with James and provided him the intense medical treatment he needed to recover.

Six months after he became a patient at Christ Clinic he asked to speak to me. James shared with me his story and said "As of today, I will no longer be able to come here as a patient. I have a new job with health insurance. I am making enough money to pay all my bills and give back. I want to make a donation to Christ Clinic to help others."

Every week I have a patient ask to speak to me because they want to thank someone or to make a donation. Please join our patients by giving to Christ Clinic. Because of your donation we can continue to help people stay healthy and strong and, in turn, help benefit the growing Katy, TX area.

Please read the rest of the newsletter to see the different ways you can partner with Christ Clinic.

Thank you, Kara Hill, Executive Director



5504 First Street
Katy, Texas 77493



NEWSLETTER

SPRING UPDATE

Katy, Texas • 2015

Issue 4



Above left: First quarter of 2015, Christ Clinic provided care for 1,325 patients.
Bottom left: Dr. Cindy Anthis spoke at our Annual Funder-raiser breakfast.

Above right: Just one of our many volunteer nurses giving her time to Christ Clinic.
Bottom right: A Christ Clinic patient and volunteer walking at last week's "Walk with A Doc".

HELP US GET 1,000 DONATIONS



Help Spread the Word!

Here is some text you can use as you reach out to 10 people.
Feel free to change to fit your style!

"I just participated in Christ Clinic's 10 for \$10 challenge and would appreciate your help. Christ Clinic provides medical care to the most vulnerable in our area. Our goal is to get 1,000 people to take the challenge supporting affordable healthcare for all. I am hoping I can count on you to be 1 of those 1,000."

Go to www.christclinickaty.org/make-a-donation

Join the 10
for \$10
Challenge



\$110



Give \$10 and invite 10
people to give \$10.

How the money is spent

Low Cost Medical Visits

\$25



A Basic blood draw

\$50



Life Saving Medicine

\$300



5 Patient Visits

\$600



10 Patient Visits

generous Giving

Did You Know?

Leverage your support by making a gift to Christ Clinic of your highly appreciated stocks. Please contact Kara Hill at Kara@christclinickaty.org or call 281.574.1458 for the Wells Fargo transfer form.

There are many different ways to donate to Christ Clinic. Many companies offer "Employee Matching Fund" programs. Here are some of the companies partnering with Christ Clinic:

- Murphy Oil Corporation → BP Foundation → Cabot Oil and Gas → Chevron
- Houston Methodist West → Phillips66 → ConocoPhillips → AIG
- ExxonMobil

Be part of the change, add your company to the list. Email us at info@christclinickaty.org or call 281.574.1458 for more information.



We are very excited to participate in a nation-wide program called Walk with a Doc. This program was

designed by a doctor to encourage physical activity and promote better health. The program has been implemented with great success throughout the nation.

Our program will take place on the 2nd Saturday of each month at Rice Park, located behind CrossPoint Community Church at 700 S. Westgreen Blvd. It will last approximately one hour, beginning with a five-minute talk by Christ Clinic's own Dr. Cindy Anthis. Participants will have preliminary blood pressure screenings, receive tee shirts and pedometers, and will walk for about 30- 45 minutes. There will be water available and healthy snacks following the walk. This is a FREE program and pre-registration is preferred. Future walks will be announced via the Christ Clinic website www.christclinickaty.org and via twitter at [#walkwithadockaty](https://twitter.com/walkwithadockaty).

Give Through Kroger's Community Rewards



1. Must have a registered Kroger Plus card account online.
2. Go to KrogerCommunityRewards.com
3. Have an account? Click "sign in". No account? Create one.
4. Click on "Community" then on "community Rewards" then on "enroll now"
5. Enter number 94372
6. Click search - select Christ Clinic - Save
7. Your enrollment was successful if you see Christ Clinic on the right side of your account settings page.
8. Happy shopping!

MEMBERS GIVE

Use any American Express® Card for charitable giving.

How It works

Members Give makes charitable giving simple and rewarding. **Members Give** allows you to use any AMERICAN EXPRESS® Card to make a donation to **Christ Clinic**. Donations can also be made with your Membership Rewards points. All donations are tax deductible and will be recorded through JustGive.org.

WAYS TO DONATE TO CHRIST CLINIC

- Donate with your American Express Card
- Redeem Membership Rewards points to make a donation
- Set up recurring donations
- Spread your donations out over the year
- Start giving at amex.justgive.org