

Teaching the “Our Father”

These simple hand illustrations enable people of every language and culture to grasp and remember the key principles Jesus taught about prayer—a lifetime tool we can use personally and share with others.



As the palm is the foundation for fingers and thumb, time alone with God is the foundation for our personal relationship with Him (Matthew 6:6). We acknowledge the relationship —“Our Father” (Matthew 6:9).



Our thumb reminds us that we must worship God before we ask for anything. We “hallow His name” (Matthew 6:9).



Next we surrender our lives —“Your kingdom come, Your will be done” (Matthew 6:10).



Then we ask God to meet our needs —“Give us this day our daily bread” (Matthew 6:11).



Now we confess our sins —“Forgive us as we forgive others” (Matthew 6:12).



Then we seek protection —“Deliver us from the evil one” (Matthew 6:13).



... and return to worship —“for Yours is the kingdom and the power and the glory forever. Amen” (Matthew 6:13).