



Saddleback Children's Center

Newsletter June 2017



Message from SCC:

Dear SCC Families,

It is hard to believe the school year is already coming to a close! Looking back at the year, we have accomplished so much together and have had a blast at the same time. We have noticed all of our wonderful children mature before our very eyes and it is amazing to look back at the beginning of the year to see their progress.

We have been through numerous great adventures together this year. Wherever the next year takes you, we wish you the best of luck! We especially wish the best to our children heading off to Kindergarten and we will certainly miss them. It is comforting to know that we all will always be connected through our SCC family. This such a special place!

-Carla Leveratt, Director &
Meagan Kraszewski, Assistant Director

IMPORTANT DATES TO REMEMBER



End of the Year Parties:

TUESDAY, JUNE 13th & WEDNESDAY, JUNE 14th
GREEN ROOM FRIDAY, JUNE 9th

Each class will hold an end of the year party and the school will be providing pizzas for each class. Sign-up sheets will be on the Parent's Table for each class so parents can bring in other items for the parties!

LAST DAYS OF PRESCHOOL & FULL DAY PROGRAM

-Preschool children that attend on Tuesday and Thursday will have their last day: **Tuesday, June 13th.**

-Preschool children that attend on Monday, Wednesday and Friday as well as those who attend Monday-Friday will have their last day on **Wednesday, June 14th.**

-Full Day Children will have their last days on Thursday, June 15th or Friday, June 16th.

Thank you!

We would like to take this opportunity to recognize our Preschool parents for all that you do! Together we are continuing to make the home-school connection complete!



Important Reminders

FOLLOW US ON INSTAGRAM!

Saddleback Children's Center is now on Instagram.

Follow us @saddleback_childrens_centerism and don't forget to tag your pictures with #sccrsm to link them to our school!



SUNSCREEN



Please apply sunscreen to your child prior to the arrival at school.

Children that are enrolled in the Full Day program should bring a container of sunscreen labeled with their name.

Parents please be sure that you sign our sunscreen permission form in the office.

STUDENT MEDICATIONS

Please stop and pick up any medications you may have in our office for your child BEFORE leaving for the summer. If your child is enrolled in our Summer Program, we ask that you leave the medications here. If you are supplying the school office with medications for the 2017-2018 School Year, please pick up a Medication Authorization Form to be completed by both parent and physician!

Also, make sure that you provide us with a medication that has an expiration date after June 2018! All medications and completed forms need to be in the office by August 11th.

SUMMER SCHOOL LETTER OF CLASSROOM ASSIGNMENT

Children that will be attending the Summer Program will receive a letter confirming their schedule and class assignment by Friday, June 9th

Summer Full Day & 8 Hour students begin Monday, June 19th

Summer Preschool begins Tuesday, June 27th



FALL ENROLLMENT LETTER:

Children that are registered to attend our school for the 2017-18 School Year will receive their class assignment letter in August. Fall Full Day students will start on August 21st.

Preschool children will be assigned a day and time to "Meet the Teacher." These small group visits will last for 30 minutes. Parents can enjoy coffee and cookies in the courtyard. More information will be provided.

[All enrollment forms must be turned in by August 11th!](#)



Memorable Moments at SCC 2016-2017



Thanksgiving Feast
November 2016
Purple Room



Harvest Festival October 2016
Blue Room



Ice Sculpture Day
January 2017
Red & Yellow
Rooms



Happy 1st
Birthday Pickles
& Lollipop!
March 2017



Christmas Program 2016



Easter Egg Hunt
March 2017
Brown Room



Fire Department Visit February 2017



O'Neill Park Hike
May 2017
Yellow Room



Petting Zoo April 2017
Green Room



Monarch Butterfly Release
May 2017

COMMUNITY LUTHERAN CHURCH SUMMER EVENTS

Community Lutheran Church

Day Camp

This Little
Light
of Mine

Matthew
5:14-16



June 26th-June 30th, 2017

K-5th grade

Monday to Friday 9am to 3pm

~\$95.00

5 years to 5th grade

Bring your LUNCH each day!



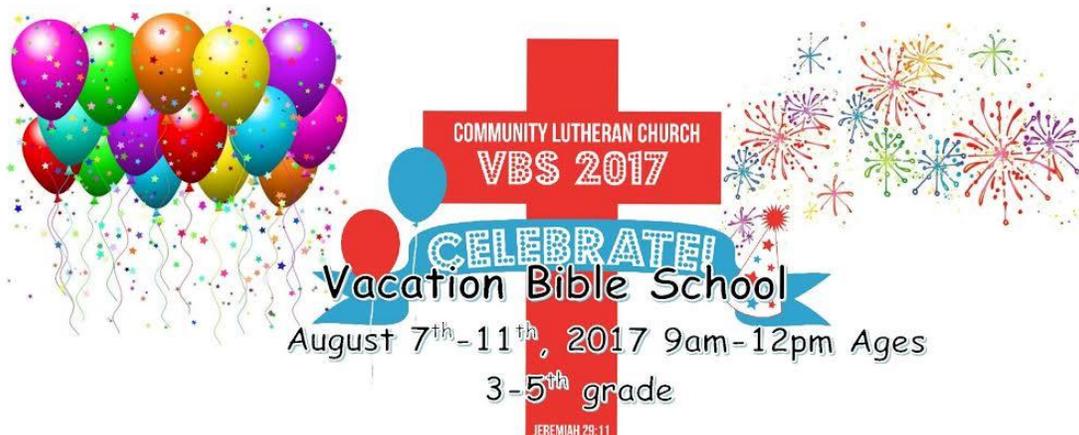
BACKPACKING!

July 29 – August 4, 2017

7th Grade or Older

Every summer we embark on an adventure into the Emigrant Wilderness in the Stanislaus National Forest!

This year we will spend 6 days hiking, swimming, camping, growing closer to God and learning more about each other. Groups are grade and/or age specific and are led by an experienced adult “guide” and responsible adult “counselors”.



First child in family is \$20, second and more are \$10

We Also need volunteers 6th Grade and older!

Pre-registration REQUIRED

for both Day Camp and VBS

Sign-ups on the patio after Worship or online www.clcrsm.org

SUMMERTIME IN THE OUTDOORS

Being a kid should include running around outside, riding a bike, climbing trees and exploring the woods, unfortunately today's youth are spending less time outdoors than any previous generation," said Sally Jewell, REI president and CEO.

REI member Richard Louv, author of the book, *Last Child in the Woods: Saving Our Children from Nature-Deficit Disorder*, said that some kids may be more interested in reaching the next level of a video game, than completing a hike. "But parental persistence, taking the long view, will pay off soon, in better mental and physical health for your children, and later, when your kids come to you as young adults and say, 'Remember that time we went hiking? That was the best summer ever.'"

Tips from REI for hiking/biking with young children:

Distance - Start small and see how it goes before attempting a longer hike or bike ride. For hiking, the maximum is a half-mile per year of your child's age, but may be much less; whereas cycling distance varies, depending on how much bike riding your child has done previously.

Degree of Difficulty - Be sure to set the difficulty based on your youngest child, or you risk turning your kids off to the activity, and they'll never trust you as an outdoor guide again. Keep in mind that the trip is for your kids! If you are an avid hiker or cyclist, satisfy your personal goals separately.

Trail/Route Selection - Choose trails and bike routes that offer a wide range of visual and interactive stimulation, such as waterfalls and bridges, meadows and picnic areas, huge trees and rocks. Variety is the key, with new surprises around every bend such as a loop trail rather than a repetitive out-and-back trail. Also be prepared with alternate plans if conditions warrant, such as a shorter alternate route in case things don't work out as well as expected.

Sell the Outing - How you sell the outing to children can be one of the most important aspects of your planning. Instill a sense of anticipation that leaves your kids anxious to get moving. Start by printing out a map and tracing the route together, identify special features of the hike or bike route beforehand, and include your kids in shopping for gear or supplies.

Age-Specific Goal Setting - Older kids may enjoy learning a new skill, such as navigating with a compass or fixing a flat tire; while younger children may enjoy finding the most types of flowers or bugs along the way.

Clothing - Hiking and bike riding may require some small changes to your child's usual wardrobe. Dress them in layers, so they can warm up or cool down easily; avoid open-toed shoes, and cotton socks which may lead to uncomfortable feet and blisters; and dress them in bright colors so they are easily seen. Also, when riding a bike, always be sure to wear a helmet.

Food & Water - Carry lots of dried fruits, energy bars (they don't need to know it's not candy), and let them create their own trail mix. Also be sure to bring along lots of water and to teach your kids about the importance of drinking water, as well as a new vocabulary word, "hydration." Let them carry their own, and try freezing water in a sports bottle or let them use a hydration pack— it makes drinking water fun!

Safety Kit - Teach kids to be safe and give each child their own personal safety kit. Include a whistle (for kids over 4; three blows means "I'm lost") to wear around their neck; in a plastic bag include an extra snack and water, sunscreen, extra layer of clothes and a bright-colored rain poncho. Finally, for older kids (depending on age and maturity), include a watch, some rope (for use in making a shelter from the poncho), matches (if they've been taught how to start a campfire) and a pocket knife.

Extras - Bring a camera for kids to use and paste pictures in their adventure journal, or to start a scrapbook to remember your adventures. When hiking it's a good idea to bring a compass, nature guide and a flashlight; and when cycling be sure to bring along a tire pump and patch kit, as well as a bike lock.

Nature Lesson - Remember that a walk in the woods or a scenic bike ride is a teachable moment. Use the opportunity to talk about why the park/trail is there; point out snakes and bugs, fungi and interesting rocks and plant species; and review the seven principles of Leave No Trace listed on the back cover of the adventure journal.



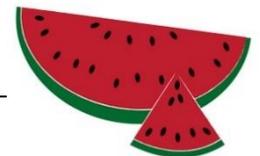


June 2017



Color: Blue
Shape: Hexagon
Number: 10

| M | T | W | Th | F |
|--|--|--------------------|--|----|
| | | | 1 | 2 |
| 5 | 6 Chapel | 7 | 8 | 9 |
| 12 | 13 Classroom Celebrations | 14 Happy Summer | 15 End of the School Year Full Day Students Only | 16 |
| 19 | 20 | 21 | 22 | 23 |
| Start of 8 Week Summer Session - Summer Full Day Students Only | | | | |
| 26 | 27 First Day of Summer Preschool-Session 1 | 28 Chapel | 29 | 30 |



June Bible Verse:
"I will be glad and rejoice in your love."
Psalm 31:7

