

# Newton's Eat-In Adventure

# JANUARY | 2018



## ST. JOHN'S SCHOOL LUNCH MENU

DAILY OFFERING 3 ENTREES – THE ROTATING CLASSIC MEAL, NEWTON MEAL (MUFFIN OR BAGEL W/ YOGURT & STRING CHEESE) OR M-W-F: DELI SANDWICH AND T&TH: CHICKEN CAESAR SALAD

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   |
|---|--|--|--|--|
| 1<br><b>Happy New Year!</b><br><br><b>Winter Break</b>  | 2<br><br><b>Winter Break</b>   | 3<br><br><b>Winter Break</b>   | 4<br><b>Pulled BBQ Pork on a Bun</b> <i>WG</i><br><br>Seasoned Waffle Fries<br>Romaine Salad<br>Choice of Fruit  | 5<br><b>Mini Corn Dogs</b><br><br>Seasoned Brown Rice<br>Orange Glazed Carrots<br>Choice of Fruit                  |
| 8<br><b>Chicken &amp; Gravy</b><br><br>Mashed Potatoes<br>Steamed Peas<br>Dinner Roll<br>Choice of Fruit<br><i>Fresh Baked Cookie</i> | 9<br><b>Walking Taco</b><br><br>Zesty Spanish Rice<br>Mexi-Corn<br>Romaine Lettuce<br>Fresh Diced Tomatoes<br>Choice of Fruit        | 10<br><b>Chicken Patty on a Bun</b> <i>WG</i><br><br>Baked Potato Wedges<br>Crisp Romaine Lettuce<br>Fresh Diced Tomatoes<br>Choice of Fruit | 11<br><b>Homemade Mac &amp; Cheese</b><br><br>Breadstick <i>WG</i><br>Steamed Peas<br>Fresh Baby Carrots<br>Choice of Fruit  | 12<br><b>Pizza Dippers w/Marinara</b><br><br>Garden Fresh Salad<br>Seasoned Corn<br>Green Beans<br>Choice of Fruit |
| 15<br><br><b>No School</b>  | 16<br><b>Hot Turkey &amp; Cheese Sandwich</b><br><br>Steamed Corn<br>Orange Glazed Carrots<br>Choice of Fruit<br><i>Jell-O</i>       | 17<br><b>Mini Corn Dogs</b><br><br>Mashed Potatoes<br>Seasoned Green Beans<br>Diced Pears <i>FP</i>  | 18<br><b>Chicken &amp; Cheese Quesadilla</b><br><br>Pinto Beans<br>Crisp Romaine Lettuce<br>Salsa<br>Sour Cream<br>Choice of Fruit   | 19<br><b>Pancakes w/Syrup</b><br><br>Scrambled Eggs<br>Tater Tots<br>Crisp Baby Carrots<br>Choice of Fruit         |
| 22<br><b>American Club Sub</b><br><br>Fresh Baby Carrots<br>Choice of Fruit   | 23<br><b>Hot Dog on a Bun</b> <i>WG</i><br><br>Seasoned Baked Fries<br>Crisp Garden Salad<br>Choice of Fruit                         | 24<br><b>Cheesy Beef Nachos</b><br><br>Refried Beans<br>Crisp Romaine Lettuce<br>Fresh Diced Tomatoes<br>Choice of Fruit                     | 25<br><b>Toasty Grilled Cheese</b><br><br>Tater Tots<br>Steamed Mixed Veggies<br>Fresh Popeye Salad<br>Choice of Fruit   | 26<br><br><b>No School</b>   |
| 29<br><b>Mini Corn Dogs</b><br><br>Seasoned Baked Fries<br>Orange Glazed Carrots<br>Choice of Fruit                                   | 30<br><b>Tater Tot Nachos</b><br><br>Spanish Rice<br>Crisp Romaine Lettuce<br>Fresh Diced Tomatoes<br>Pinto Beans<br>Choice of Fruit | 31<br><b>Golden Chicken Nuggets</b><br><br>Tater Tots<br>Garden Salad<br>Fresh Broccoli Buds<br>Choice of Fruit                              |   |  |

|                       |               |
|-----------------------|---------------|
| <b>Student Meals</b>  | <b>\$3.30</b> |
| <b>Milk ala carte</b> | <b>\$0.30</b> |
| <b>Adult Meals</b>    | <b>\$3.90</b> |

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For questions and comments, please email the Food Service Director at [aviands@whitnall.com](mailto:aviands@whitnall.com) or call 414-525-8430

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