



# St. John's Lutheran School

## May 2017

Daily offering 3 entrees—the rotating Classic Meal.  
 Newton Meal (muffin or bagel with yogurt and string cheese) or  
 MWF: Deli Sandwich and T & Th: Chicken Caesar Salad



Lunch Prices: Students \$3.30 Reduced \$0.40 Adult \$3.90 Milk only \$0.30

### Monday

**French Toast Sticks**  
 Scrambled Eggs  
 Tator Tots  
 Baby Carrots  
 Fruit Choice  
 Milk

### Tuesday

**Grilled Ham & Cheese**  
 Popeye Salad  
 Tomato Soup  
 Fruit Choice  
 Milk

### Wednesday

**BBQ Pork Sandwich**  
 Baked Beans  
 Romaine Lettuce  
 Fruit Choice  
 Milk

### Thursday

**Pizza Dippers W/ Marinara**  
 Romaine Salad  
 Green Beans  
 Fruit Choice  
 Milk

### Friday

**Pepperoni Pita Pizza**  
 Mixed Vegetables  
 Fruit Choice  
 Milk

8

**Pancakes**  
 Scrambled Eggs  
 Tator Tots  
 Baby Carrots  
 Fruit Choice  
 Milk

9

**Meatball Sub**  
 Steamed Corn  
 Cucumbers  
 Ranch  
 Fruit Choice  
 Milk

10

**Walking Taco**  
 Refried Beans  
 Salsa  
 Fruit Choice  
 Milk

11

**Cheese Burger on a Bun**  
 Baked Beans  
 Baked Fries  
 Fruit Choice  
 Milk

12

**Chicken Nuggets Sweet n sour sauce**  
 Brown Rice  
 Oriental Vegetables  
 Fruit Choice  
 Milk

15

**Club Sub**  
 Baby Carrots with Ranch  
 Fruit Choice  
 Milk

16

**Italian Dunkers W/ Marinara**  
 Romaine Salad  
 Fruit Choice  
 Milk

17

**Sloppy Joes**  
 Tator Tots  
 Seasoned Corn  
 Fruit Choice  
 Milk

18

**Chicken Fajitas**  
 Pinto Beans  
 Salsa  
 Fruit Choice  
 Milk

19

**Chicken Patty Sandwich**  
 Potato Wedges  
 Fruit Choice  
 Milk

22

**Pepperoni Pita Pizza**  
 Popeye Salad  
 Fruit Choice  
 Milk

23

**Mini Corn Dogs**  
 Baked Seasoned Fries  
 Baked Beans  
 Fruit Choice  
 Milk

24

**Chicken Caesar Wrap**  
 Sun Chips  
 Fruit Choice  
 Milk

25

**Chicken Nuggets**  
 Brown Rice  
 Oriental Vegetables  
 Fruit Choice  
 Milk

26

**NO LUNCH SERVED**  
**Dismissal**  
**At 11:30 a.m.**

29

30

31

### FOOD FOR THOUGHT: ROMAINE

Lettuce is a member of the sunflower family.



For questions and comments, please email the Food Service Director at [Whitnall@aviands.com](mailto:Whitnall@aviands.com) or call 414-525-8431

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### NEWTONS MEAL

Offered daily as an option to the Classic Meal, the Newton Meal includes a 2 oz. muffin, a 4 oz. Berry Blend yogurt, a 1 oz. package of string cheese, the daily fruit and vegetable and 8 oz. milk.

Menu Key: FP = Fresh Pick



All grains served are whole grain-rich.