

## Regular Activities

### Sunday Worship Service

Prayer time 9am-9.30am each week in the Crossman room.  
Worship service Sunday 10am // 81 High St, Preston

### Bundoora

Thursday 10am (monthly) // A church service for residents at Bundoora Retirement Village

### Connect

Thursday 12.30pm // 81 High St, Preston  
Community lunch and food for thought

### Harbour

Tuesday 1pm // 81 High St, Preston // Discussion group and communion after the community lunch

### Thirst

Tuesday 7.30pm // small worship group featuring discussion, social interaction, prayer, meditation and supper – contact Roger on 9462 6260 for details

## Items for the Circle

The deadline for items to be included in the Circle is Thursday 5pm. Please leave printed submissions at the church office and send electronic submissions to [circle@nccc.org.au](mailto:circle@nccc.org.au). Comments and suggestions are also welcome.

## Ministry Centre

### Street & Postal Address

81 High Street

Preston, VIC 3072

Phone 03 9484 4788

Email [info@nccc.org.au](mailto:info@nccc.org.au)

Web [www.nccc.org.au](http://www.nccc.org.au)

### Facebook Group

@NorthernCommunity

Twitter @NCCCPreston

## Ministry Team

### David Toscano

Ministry Team Leader

[david@nccc.org.au](mailto:david@nccc.org.au)

Ph: 0412 137 777

### Matt Jones

Minister

[matt@nccc.org.au](mailto:matt@nccc.org.au)

Ph: 0414 575 551

## Online Giving and Direct Deposits

**Account Name:** Northern Community Church of Christ

**BSB:** 703-810 | **Account Number:** 05300313

**Tax deductible donations:** BSB: 703-810 | **Account Number:** 05300311

To receive a tax-deductible receipt at the end of the financial year, please include your name and 'TD' in the reference field and your gift will be directed through our Tax Deductible Trust Fund.

## Life Groups

Tuesday 6pm (fortnightly) // Matt & Ros's House // A group for learning more about the Christian faith. Runs to about 8pm and includes dinner. See Matt for details.

## Come Pray With Me

2nd & 4th Tuesday of every month  
10.30am // The Nicholls Chapel // A time of prayer

## Furniture & Clothing Op Shop

Monday to Friday 9.30am – 4.30pm  
Saturday 9.30am – 4pm

## Community Lunches

Monday – Thursday 12.30pm // 81 High St, Preston // \$4 for a two course meal

Being the hands and feet of Jesus in the northern suburbs

COMMUNITY | SPIRITUALITY | COMPASSION

# The Circle Summer Edition

January 14, 2018



It has been suggested that when two people sit, resting back to back, that over a period of time one's breathing becomes syncretised with the other's breathing. Through their close connection, they establish a rhythm inhaling and exhaling that is natural and unlaboured.

Sitting with God in prayer is less about unloading a shopping list of wants, needs and desires (although there is some appropriateness to presenting your requests to God), but is more about moving towards a natural rhythm of relationship which seeks to allow your spirit to meet with God the Holy Spirit.

This posture of prayer also invited God to speak to us. Meditation and various forms of contemplative prayer often value the rhythm of our intimate relationship with God.

How have you experienced sitting with God? I'd love to hear your experiences. As I write, I am reminded of a practice I might return to of using a prayer rope to help establish this posture of prayer.

## Pastoral & Prayer Reminders

\* **Grace Rugell** is recovering well at home, pray for **Alma Hart, Rhonda Bone** and family, **Pol & Solita Chavarria, Len and Nola Millar, Shirly Cromarty** and **Allan Scholey**

\* Prayer for Ministerial appointments (Children and Compassion)

\* Prayer for the two CareWorks appointments for the Op-Shop

\* Prayer for the preparations of the budget for 2018

\* Prayer for rest for **Matt, Ros and Tessa** as they have a further week of holiday & for all those travelling during the holiday season.

## People celebrating this week include:

\* Happy birthday to **Eunice Rumble** for last Friday

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We respectfully acknowledge the Wurundjeri people as the traditional custodians of the land on which we meet.