



## Crossover Church of Tampa, Florida

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**DAILY (M-F) at 6:30am EST - 813-606-5344**  
**Saturday/Sunday at 8:30am EST**  
**[Facebook.com/Crossover813](https://www.facebook.com/Crossover813)**



*Our Mission:*

*To Empower People To Discover, Develop and Display Jesus Christ in every area of their lives.*

Happy New Year and welcome to 2018!

This is the year we multiply!

We are expecting and anticipating that God is going to blow our minds and exceed our expectations!

Make no mistake about it! If you will accomplish anything great this year or in the future, it must begin with prayer. As a matter of fact, you are where you are because of prayer.

I do want to say to you that prayer and fasting are more about the lifestyle of a disciple. This is a lifestyle you should strive to live year-round, not just at the beginning of the year. It may sound cliché, but there is a lot of truth in the expression that we are all striving "to be more like Jesus."

To help ensure our success during the 21 Days of Prayer, we are providing: 1) a Prayer Guide booklet; 2) a daily prayer call (See the phone number below) AND simultaneously on Facebook Live at 6:30am and 8:30am on Saturday and Sunday; 3) Wednesday night time of prayer on January 17, 24, and 31; 4) a Prayer and Fasting Page on the church website where you can submit questions; and 5) A Prayer link to submit prayers on the Crossover App.

It is our hope that this Prayer Guide will assist you in navigating this 21-daysof Prayer. But more importantly, we pray that the experience serves as a long-term reference for you to stay connected to God and his plans for your life. Let's MULTIPLY together!

Living in 3D.

Pastor Tommy and Pastor Lucy

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## CLARIFYING YOUR PERSONAL GOALS

My specific purpose/reason for fasting is:

- 1) -----
- 2) -----

I will observe the following kind of fast:

- 1) -----

My accountability partner(s) will be: (can be as few as 1 or many as 5)

- 1) -----
- 2) -----
- 3) -----
- 4) -----
- 5) -----

As a result of this fast, I hope to see God:

- 1) -----
- 2) -----
- 3) -----
- 4) -----
- 5) -----

There are people who God has laid on my heart. As a result of this fast, I hope that God will move in their life in this way (write their name in parenthesis, along with a prayer request):

- 1) -----
- 2) -----
- 3) -----
- 4) -----
- 5) -----

**Prayer Memory Verse:**  
*(To Be Quoted Everyday)*  
Acts 12:24

*“But the word of God increased and multiplied.”*

## Fast Outline

**Week #1 (January 15 – 21)**

**Week #2 (January 22 – 28)**

**Week #3 (January 29 –  
February 4)**

**The Week To Give Up  
The Week To Dream Big  
The Week To Finish Strong**

### Fast Options

- A. Select one of the below options, or**  
**B. A combination of the below fast, or**  
**C. A progressive fast** (i.e. – start with desert for two weeks and move to Daniel for two week, and conclude with Denial)

- **DENIAL:** No food from 6AM to 6PM
- **DANIEL:** Fruit, vegetables, juice and water only.
- **DEDICATED:** No Solid Foods for the duration of the fast
- **DESERT:** WATER is your only beverage option for the entire period of time. You may eat what you like!
- **DROUGHT:** No television with the exception of the news and religious programming.
- **DELIVERANCE:** Refrain from sinful habits or habitual behaviors. (*Examples: cursing, gossip, overeating, alcoholism, ungratefulness, sexual sins, etc. See Galatians 5:19-26 and Hebrews 12:1*)  
Prayerfully after the fast, you won't look back!

**DIAL IN DAILY OR WATCH LIVE on FACEBOOK LIVE:**

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Saturday/Sunday at 8:30am EST**

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## Fast Devotional

### Give Up (Week #1) (January 15 – 20)

#### January 15 – Give Up Yourself

(Romans 12: 1, 2; Hebrews 12: 1; Ezra 8:21)

Today, as you launch into the 21 days of prayer, you will experience the discomfort of being pushed beyond your comfort zone – spiritually, physically, emotionally, and mentally. Let the discomfort of this time of prayer (and fasting) draw you closer to God with a deeper reliance on his power and presence. Remember, you will want to accompany this time with confession of sin. Confess your spiritual weaknesses, your lack of dependence on God. This process will allow you to experience the cleansing forgiveness of Jesus Christ (1 John 1: 9). Prayer (and Fasting) is a struggle against the flesh and is emotionally and physically demanding; in this we discover what we really hunger.

**Prayer Focus:** Ask God to grant you a greater awareness of your strength throughout the day, and even minute-by-minute. Ask God to help you overcome the little aches and pains and adjustments from the fast that will be in your body and even in your thought-life. Invite God to show you how strong you already are and how strong you will become. Ask God to show you clearly the victory that you have over your sinful nature. Ask God to provide you with an unmistakable peace and contentment as you rest in His work, and as you pursue giving God honor and glory. Ask God to help you turn every hunger pain, thought, and craving towards Him. Ask God to help you empty your stomach to make room for his greatness and his glory.

#### January 16 – Give Up Excuses to Grow & Change (Hebrews 5:12)

It is easy to convince ourselves that we are where we're supposed to be, living how we are supposed to be living, believe what we believe, until God's Word and the Holy Spirit convicts us or challenges those thoughts. Today, as you are open to hearing God's voice, in a sense, let God "check you!" He knows your heart and He (and you) knows how you've made excuses in certain areas of your life and have resisted change. It may be uncomfortable, emotional, and uncertain. But trusting God in areas where He's challenging you to change will be more worth it than continuing to offer any excuse to remain the same.

**Prayer Focus:** Ask God to humble you to receive his admonition, nudging, and correction. Invite God to clearly show you the areas of growth and need for the change. Pray for God to reveal to you how each area of change impacts the bigger picture and theme of your life. Pray for the boldness, courage, and wisdom to make the needed changes that will push you towards God's assignment for your life. Invite God to provide you with not the "*what*", but also the "*how*" – the strategies and systems needed to sustain the change that He's prompting. Finally, thank God for the ability to hear His voice and the power to make the changes that today brings.

#### January 17 – Give Up Your Comfort (Numbers 13: 30)

God is in the moving business. He is always in the process of moving His people to where He wants them to be. Although we are often content where we are, God loves us enough not to leave us there. Sometimes we can get stubborn about changes that God has in mind for us. As the children of Israel were moving from Egypt to the Promised Land, God sent miracle after miracle to get them out. But they did not want to go in and possess what He intended for them. You're a Game Changer, but you've got to change! Today, God has begun a spiritual project for you. Take heed for the lesson to learn from the children of

Israel as you go towards your Promised Land. Be wise enough to know that God is at work in your life. This project will more than likely make you uncomfortable. Embrace this discomfort and run towards the tension and uneasiness. Offer your discomforts to God and invite Him to show you where and How to change.

**Prayer Focus:** Ask God to show you what to change and how to change. Repent to God for resisting change in the past and offer your commitment to being open to whatever He wants to do in your life. Thank Him for loving you enough not to leave you where you are. Also thank Him for the privilege of being a part of a body of believers who are also giving up their comforts. This sense of community will inspire you to keep pushing forward.

### **January 18 – Give Up Chasing ‘Things’**

(Psalm 34:8; Philippians 4: 8-9)

Today, you will look for ways to find satisfaction in God's goodness and things of lasting value rather than the simple things that consume your energy but really don't matter (the things of man). Throughout today, consciously choose to take refuge in God and draw from what He sets as your priorities. You may have to give up a few conversations, time on social media, useless debates, unnecessary text messages, or readings that don't add value to your life. Today, while many around you may be tempted to lean towards the negative, you will intentionally lean towards the positive. You may need to just pause, breathe, and see LIFE today. You're invited to pause long enough to see that you're alive and that life is happening around you in a real way. Take time today to do something different in your routine so that you can breathe.

**Prayer Focus:** Ask God to teach you how His goodness is better than anything else in this world. Ask God to help you see His goodness all around you. Ask God to help you experience His goodness in small bites today. Ask God to help purge you of all the negative things that invade your life on a daily basis and block the goodness that God wants you to see and experience. Ask God to help you find joy in life today!

### **January 19 – Give up conceding to your temptations** (Matthew 6:13)

God chooses to see His people set free from the besetting sins that affect our relationship with Him. We call many of these things temptations. Today we will focus on those temptations, habits and hang ups that we need spiritual healing to overcome. Repeatedly falling to temptation speaks to a deeper need that is not being met. Clearly write down your temptation(s). Write it so that you can identify it and not run from it. As you write, do a scripture search on this temptation and see what God's Word may say about it. As you meditate on these scriptures, allow the Holy Spirit to give you clear thoughts on this issue. Most importantly, allow God's Word to increase your faith in the victory over this temptation. It may be necessary for you to seek additional help through your close circle of friends or church family, a Pastor, counseling, or a program. Whatever you have to do, run towards the fear of not having victory over temptation and know that today you win!

**Prayer Focus:** Ask God to bring to light those sins and temptations that hurt your relationship with Him and hinder your effectiveness in your mission and assignment. Ask God to let you experience victory over this temptation and to show you clear ways to overcome it. Also, invite God to let you experience a new level of freedom and victory as you lean into this day.

## **January 20 – Give Up Serving Money – It Serves You**

(Genesis 14: 20b)

In this scripture, we see Abraham reaching a point in his life where not only is he extremely prosperous and wealthy, but he is faced with a significant choice. In fact, his future destiny hangs in the balance of this choice. This choice is a spiritual battle, and it is a greater battle than the physical ones he's fought before. Will he become worldly with all these material possessions, or will he become rich in God's eyes because he is a giver? Most people who have never trusted God's plan with their money and possessions will never reach the full capacity of God's expectations for them to be a Game Changer. The selfishness that grips our hearts when we resist God's nudging to part with something that we value will only rob us of increase and the room for more that God wants to provide. Today, you intentionally, willfully, and gladly prove to God that your money and possessions serve you, not the other way around. Today, intentionally, look to see if you're doing enough just to get by or if the relationship that you have with God is calling you to do and give more. God knows better than anyone.

**Prayer Focus:** Pray today that you learn to become or remain a giver. Pray that you will reach beyond any level of selfishness, stubbornness, or even stingy-ness to obey what God puts on your heart and what He's already written in His word. Today, as you pray, you intentionally commit to living a life where God is really #1 in all things – your treasure. Ask God to reveal ways that you can grow in your giving. Pray about your personal level of giving and how you can become more generous.

- **Dream Big (Week #2) (January 21 – 27)**
  - **Jan 21 – Let God light your fire!** (Acts 9: 3-9)
    - Prayer and Fasting are tools that aids in discerning the call of God in our lives. Without a doubt, you MUST become convinced that God has a plan for your life. That must be a confession for you – God has a plan for your life! This fast should help you quiet yourself enough to get clarity on that purpose and assignment. Your motivation and excitement about life should come from knowing unequivocally that your life is NOT maxed out and that God has wired you to do something specific, impact the world around you, and leave something behind long after you have gone on. God wants your work to live beyond your life. Knowing this should light a HUGE fire in your life! It should motivate you to get out of bed every day. It should propel you to strive towards that assignment every day. Even if you only do 1 small thing every day towards that assignment, it should push you every single day. Today, let God light that fire. Meditate on your call, purpose, and assignment.
    - **Prayer Focus:** Ask God to give you all wisdom in your purpose and assignment. Today, through the fast, ask God to light your fire. Ask God to light your fire for Him, for His Word, for His Work – in your life. Ask God to set your heart on fire for what He has for you. Specifically ask God to let this fire to never die out and to burn with
  - Jan 22 – **Let God birth your dream / theme** (Gen. 30: 22; Hab. 2: 3)
    - Your world and the world can be changed because of the dream inside of you. These dreams include your vision, hopes, aspirations, and desires. A God-given dream won't go away. Search your heart and mind to get in touch with the dream God has put inside of you. Then pray about it and take action!
    - **Prayer Focus:** Ask God to reveal or clarify your personal dream that is His will for your life and direct you in acting on it.
  - Jan 23 – **Meditate on God's dream / theme for your life** (Gene. 37:6)
    - A God-given dream will stir your passion, will appear and be humanly impossible to accomplish, and cause you to exercise strong faith. What you repeatedly meditate on will stir your soul and ignite your mind, heart, and even your creativity. Today, as you meditate and get excited about your dream, it won't hurt to do some research on it, pray about it, write random notes down about it, get a book about it, and watch a video on the subject of it. Whatever you do, let the fire grow brighter today about God's dream for your life.
    - **Prayer Focus:** Pray to have discernment for decisions that affect your dream. Ask God to protect your dream from the enemy and that you'll have the boldness, courage, and discipline to chase after God's dream for you.
  - Jan 24 – **Joy Even if A Dream Is Delayed** (Gen. 37:19-20)
    - Remember that every God-given dream must die an apparent death. That is, every dream from God will come to a place where it is impossible to accomplish the dream in human ability alone. God is sovereign and his timing is perfect. When we run out of resources and realize that the dream cannot happen unless God steps in, then God alone will get the glory when the dream is accomplished. God never delays. It may be important for you to pray about whom to share your dream with. God will send

people to you to help you accomplish what he's put in your heart to do. They will also help to serve as a sounding board for the realistic components and the areas that may involve unconnected areas that may be optional for your dream to happen. God invites us to have wise advisors in every area of our lives (Prov. 11:14).

- **Prayer focus:** Pray that you will continue to strive forward with the dream that God has given you. Pray that God will give you the endurance and stamina needed to face any temporary setbacks. Pray that you have a powerful circle to assist you in developing the dream that God has for you. Pray that this circle will help you see the clear path that you must walk to be in total obedience to what God has to say to you. Finally, pray that you will experience joy on this journey of faith. Ask God to strengthen you as you continue to pursue these lifelong goals despite any delays.
- Jan 25 – **Pray Against Average Thinking** (Gen. 39: 2a)
  - Christians can look to Joseph as a role model for dreaming big. Genesis 39 holds important lessons for all dreamers. Some lessons that can keep us from stopping short of our dreams include knowing that God is with us, knowing that God is aware of our every action, particularly those that sow seeds into our dream, and finally, God knows how to make every bitter experience sweet to further push us towards His dream for our life. It is up to us to be committed to obeying God daily and walking humbly as the Holy Spirit will lead us into all truth. Setbacks, frustrations, daily dilemmas, and even, draining relationships and moments could cause us to get blinded from what God really wants for us. These things will push us to the humdrum of life and want us to just settle for getting by and being average in every area. This is a trick! God is not average and for his children, average is an insult. You, God's dream for you, and your impact will not be average. Today, refuse to settle for it. Rebuke it, repent from it, and revisit what you've already written of what God has spoken to you.
  - **Prayer focus:** Pray that God will help you pursue the God-given dream to its fullest potential. Pray that through the achievement of His dream for you that you will become more like Christ. Ask God to show you ways in which you've settled for average and not pushed to be extra-ordinary in your thinking, time management, relationships, and even speech. Ask God to show you ways in which you have stopped short of His best for you. Commit this year and beyond to push hard for God's best.
- Jan 26 – **Take ownership for the dream** (Gene. 45: 27b)
  - No one else will feel the passion, drive, and pathway to the dream that God has given you. You must be committed to owning it. This includes stretching yourself in many ways, agreeing to make sacrifices, developing the character to sustain the dream, and building the relationships to grow the dream. God will do His part, but expects you to stretch beyond your comfort zone to do your part. Own it!
  - **Prayer Focus:** Pray that you will develop ownership of God's dream for you. Ask God to spark regular revival in your heart and soul towards the dream. Ask God to teach you what sacrifices you need to make and then have the courage to make them. Ask God to show you what areas of your life don't reflect his character, so that you won't sabotage yourself, and then finally, pray and clearly ask God who's assigned to help you own the dream.

- Jan 27 – **The Day to Dream Long-term** (Ex. 14: 13-14)
  - God's power does not operate until we move beyond the realm of possibilities. As long as we can do it in our own strength and see it in the short term, there is no need for God to display His power. We must move beyond our own abilities and short-term thinking if we will ever see the power of God show up to cause us to be beyond average and serve as Game changers to the world around us, those that are believers and unbelievers. Before us is a future. There is a land that flows with God's promises. This future is as bright and powerful as the promises of God that we find in scripture. Just like the Hebrew slaves who found themselves surrounded by impossibilities, they could have thought short-term and missed what God promised for them and their lineage – thus destroying their legacy. Yet, in truth, they ONLY had one option – go forward. Don't think short-term - that leads to defeat, discouragement, and a giving up of what God promised you. Every sacrifice and choice you make today will impact your life today and your children's lives tomorrow. Refuse to be a short-term thinker. Dream bigger – and farther than that.
  - **Prayer focus:** Pray that you will not be afraid to move forward with God. Ask God to give you a promise out of His word to claim. Pray about that area of your life that needs to move forward and then think beyond the moment. Ask God to show you the possibilities beyond the moment.

- **Finish Strong (Week #3) (Jan 28 – Feb 3)**
  - Jan 28 – **A Prayer Against Weariness** (Joshua 1: 3)
    - The first chapter of Joshua tells the story of God's people who escaped the cycle of defeat and moved into a new day of victory. The devil comes to us after defeats (and in some cases, repeated defeats) and whispers in our ears, "You're a failure..." He tell us we will never win, are trapped forever where we are, and will never fulfill our God-given destiny. He wants us to get weary in doing the good that we do. He wants us to not see any fruit from right actions and right motives. He wants us to literally get worn out from living as followers of Christ. We must refuse to give up or give in. Today, commit to finishing strong!
    - **Prayer focus:** Pray Galatians 6: 9 all day today. Acknowledge that your flesh may be tired and invite God to grant you mental focus, spiritual awareness, and physical will to push through the quitting points as you seek to realign your desires to be within His will and your assignment. Ask the Lord to encourage you in your walk with Him. In your prayer time claim victory over evil for yourself, for your family, and for your church. Ask God for the discernment to recognize where the enemy is trying to convince you that it's not worth it and then invite God to provide you with the will to keep fighting.
  - Jan 29 – **Convincingly Confident in Christ** (Psalm 34: 1-22)
    - There are thousands of things that we encounter from childhood to adulthood to looks to erode our confidence in our existence and in God's love for us. Without a clear and convincingly confidence in God's love for us, we will always second-guess our validity and the reality that God desperately wants to use us for His Work and our good. Today, you throw off all doubt and become unapologetically confident in God's desire to lead us and make us great. Starting today, there is nothing that our enemy or any person can say to us that will cause us to doubt that God wants us, loves us, embraces us, and desires to bless us. Starting today, we will no longer doubt our confidence through Christ. Starting today, we reject the fears that we've lived with, questions that we've ran from, and gaps that we've refused to acknowledge. We become water walkers as our eyes are on Christ.
    - **Prayer Focus:** Ask God to help you dig up every thought and idea that has caused you to live in fear and not embrace the identity that God has for you. Invite God to give you a picture and glimpse of His love for you. Allow God to replenish you with a refreshing fullness of His desire to bless you. Pray and ask God to fill you with His love and increase your confidence.
  - Jan 30 – **Pray that you're connected to people of strong faith** (Mark 2: 12)
    - These men tore the roof off the place to get their friend to Jesus. This crowd was curious about Jesus and the scribes were scowling as they watched this new Rabbi hoping to catch Him in an error. The room was charged with excitement. Everyone knew something dramatic was about to take place. When Jesus is present, miraculous things happen. Sure enough, excitement mounted as four men tore up the roof to let a friend down in the presence of Jesus so he could be healed. We all would all a fulfilled life to have close friends like that – that will do whatever they have to – to get us connected to Jesus Christ!

- **Prayer focus:** Pray that your life be filled with people of faith like these four roof removers. At the same time, ask God to make you like one of these four.
- Jan 31 – **A Day of Thanksgiving** (James 5: 16)
  - God often will do things when we pray that He does not do when we do not pray. This journey of fasting and prayer will be a source of inspiration for you today to be extremely thankful for all that you've discerned during this time, the amazing growth that you've experienced, and the new way of living that you will embrace. Today, you will pause to reflect and yet offer to God thanksgiving, love, and appreciation for moving you from ordinary to extraordinary, from thinking impossible to thinking that will allow you to embrace the impossible.
  - **Prayer focus:** Today, all you will do is give God thanks for hearing your prayers. You will take it a step further and thank God for answering your prayers.
- Feb 1 – **A Prayer for Direction** (Psl. 119: 133)
  - There are at least two essentials to the Spirit-filled life – prayer and the Word of God. Have you considered that God desires to guide every step you take? He desires to guide not only the big steps of your life, but also even the mundane steps you take every day in the kitchen or your workplace. He will also guide you to the friend who needs encouragement, the neighbor who needs Jesus, and the co-worker who needs a witness of God's love.
  - **Prayer Focus:** Thanks God for guiding you through Scripture as you plan for the future. Ask the Lord to continue to give you and your church family the wisdom and discernment needed to accomplish everything he has placed before us. Thank God for His guidance of your steps. Ask Him to continue to guide you by making the Scripture you read become alive and personal to you. And that every steps is clear to you, ordered by Him, and in line with His assignment for your life.
- Feb 2 – **Live With Power** (Eph. 1: 19-20)
  - One of the greatest needs in the church today is power; not political power, not manipulative power, not fleshly power, but heaven-sent, Holy Spirit anointed power. God himself is the source of this power. And with a pure heart and surrendered lives as you've grown over the time of this fast, seek God's power – not earthly power – and watch God pour this power out in your lives in ways that blows your minds and exceeds your expectations.
  - **Prayer Focus:** Pray that we all will be a powerhouse for God. Pray that, as we daily put on God's armor, that the work of God will be accomplished through us, with undeniable and unmistakable power. Pray that you be filled with the Holy Spirit power. Pray that your church be filled with God's Holy Spirit power.
- Feb 3 – **Commit to being dangerous!** (Joshua 1: 9; 2 Chronicles 15: 7)
  - When God calls us out of sin's bondage, we begin our journey with Him. We follow Him as our Leader into the purpose that He's assigned for us. Along the way, God will stretch us. He will enlarge our vision and our capacity for that vision. If we are honest with ourselves, we may find that we are utterly ordinary and common. We confess to know the power that the world cannot reckon with, while we sit by and leave the enemies of







