

PLAY THERAPY, PTC

Counselling for Children through Play

Play Therapy For...

- Bullying
- Grief and loss
- Divorce
- Anxiety
- Trauma
- Anger
- Difficult life transitions

Why Play Counselling?

Children process through play their emotions and become empowered by playing situations they have no control over with a therapist. Play Therapy is a form of counselling for children. Peace Tower Church offers this counselling for children in our community.

Play Therapy/Counselling

Ages: 2—12

Availability: April & May 2017

Sessions: 4—6 weekly one hour sessions held in a classroom at Peace Tower Church

Email or Call to **book appointments:** 613 889 7370

christineraymer@icloud.com

Booking now for April and May 2017

Pastor Christine is a member of "Play Therapy International" and has worked with children for over 30 years.

She is an Early Childhood Educator and has a BA in Child Studies and an MA focusing on Child Psychology.

"To play it out is the most natural self-healing process in childhood."

Erik Erickson



Birds Fly....Fish Swim....Children Play