

LORD, TEACH ME TO PRAY

A Spiritual Journey with St. Ignatius of Loyola

Lord, Teach Me to Pray is a three-part Ignatian prayer series developed to meet the desire for on-going spiritual growth; for an appropriate response to the call to holiness; and for a deeper commitment to Jesus Christ as Lord. In facilitated faith-sharing prayer communities, the Lord, himself, teaches us to pray.

The Series

Rooted in Ignatian Spirituality, Lord, Teach Me to Pray is a three-part prayer series designed to help woman and men learn how to pray and grow more close to our Lord, Jesus Christ. The three parts are taken in succession with each part being a prerequisite for the next part.

Part 1: Praying Christian Virtues

Praying Christian Virtues introduces meditative and contemplative prayer as devised by St. Ignatius of Loyola, enabling further development in prayer life. This 12-week program is facilitated in a group setting, meets for 2 hours once a week, and requires fifteen minutes of daily prayer on assigned scriptures.

Part 2: My 19th Annotation

My 19th Annotation consists entirely of the Spiritual Exercises of St. Ignatius. The program meets weekly for 30 weeks with assigned daily scripture reading.

Part 3: Discernment & Gifts of the Spirit

Provides a general theological catechesis of the Holy Spirit and the gifts of the Holy Spirit as well as introducing St. Ignatius' Rules for Discernment. This program meets weekly for 14 weeks.

a Prayer Group for Women Only

Part 1 - Praying Christian Virtues

Is forming at St. Mary of the Annunciation

A trained **Lord, Teach Me to Pray** facilitator will lead the prayer group.

An information session is scheduled for the second Friday of Lent with prayer group sessions starting the following Friday and continuing through the end of Pentecost in June.

The prayer group will meet weekly from 9:00 am to 11:00 am the following Fridays:

March 10, 17 and 24, 2017
April 7, 14, 21 and 28, 2017
May 5, 12, 19 and 26, 2017
June 2 and 9, 2017

To register or for more information on the group forming at St. Mary's:

Please contact Diane Igielski

by phone at 847-469-8470

or by email at igi01@comcast.net

**FOR MORE INFORMATION ON THE PROGRAM,
PLEASE VISIT
lordteachmetoprayer.com.**