

Manchaca UMC CDC Newsletter

October 2017

cdc@manchacaumc.org



Parent Conferences October 9th & 10th

Parent Conferences are Monday and Tuesday. The CDC is closed for these two days to allow time for teachers to meet with parents and share each child's portfolio and discuss goals for the year.

Please plan on attending your child's conference. Teachers spend a great deal of time preparing your child's portfolio and conference form. Conferences are limited to 20 minutes. Teachers must stay on their conference schedules to keep everyone on track. If you are unable to make the conference, please let us know and talk with your child's teacher about re-scheduling.

Please be here five minutes prior for your conference to allow time to take your child to the designated room (listed below) for childcare. Assistant teachers will be providing care while lead teachers are in conferences. Most lead teachers are in their regular rooms. Refer to the room assignments below.

We look forward to seeing you all.

Conference room assignments: Childcare room Assignments

Ms. Dorothy/Shawnda-Room 8

Nursery-Room 15

Ms. Kim-Room 16

Toddlers/Twos- Room 17

Ms. Courtney-Room 9

Threes/Fours-Room 21

Ms. Deanne-Room 18

Ms. Lisa/Ms. Lacy Room 19

Ms. Kacy-Church Library

Ms. Amanda-Room 22

Ms. Merrideth-Room 23

Ms. Abbey/Ms. Laura-Room 24

Month at a Glance

5th & 6th Pumpkin Patch field trip

9th & 10th Parent/Teacher Conferences-CDC Closed

16th Night Staff Meeting 6:30 p.m.

17th & 18th Zoo Man is coming to the CDC

21st MUMC Fall Festival- 11:00-2:00 p.m.

26th & 27th Fall Celebrations

Upcoming Events

- ◆ Nov. 7th-10th **Date Change** Fall Pictures
- ◆ 13th Night Staff Meeting
- ◆ Nov. 20th-24th CDC Closed Thanksgiving Holidays

The Supply Fee was due in September. You may add this yearly fee to your October tuition if you haven't paid already.
T/Th \$65
MWF \$85
M-F \$100

Beginning of the Year Reminders

- Snack menu is posted outside rooms and on our website. www.manchacaumccdc.com
- Nursery, Toddlers and Twos children receive daily notes.
- Threes and Fours receive weekly notes.
- When leaving the parking lot, drive slowly and exit by the pavilion rather than exiting onto 1626. That is a one-way entrance.
- Closed toed tennis shoes should be worn every day with socks.
- Cut all circular foods (hot dogs, grapes, etc.) in half and then in half again to make ¼ size bites. Pieces left in a circle shape are choking hazard and can block a child's air way.

Nutrition Bite

Autumn is here! The beautiful pumpkin patch is back on the MUMC grounds, and the weather is beginning to change. Growing up in New England, autumn began when the bushel of apples appeared in the root cellar, and the smell of pumpkin pie baking would greet me at my grandparent's home.

Pumpkin is such a nutritious food! Growing up, we had this treat only in the fall, but now I enjoy cooking and eating pumpkin year-round. Pumpkin is low in fat, cholesterol, and sodium. In addition to Vitamins A and E, pumpkin contains Folate, Iron, Magnesium, Potassium, and other nutrients.

Pie pumpkins, available now in most produce departments, can be baked. Then, drain some of the liquid and puree in a food processor for adding to soups and baked good. The seeds are delicious, too! Boil for a few minutes to help remove the stringy membranes, then season and bake for a crunchy treat!

Ms. Lyn

Chapel Chat with Ms. Lyn

We've had a great start to the year! The renovation in the main sanctuary has moved our Chapel time to room 14 in the CDC hallway. The space can be challenging, with many distractions, but we have adjusted well. We all know that we are part of the team working together to get a job done. We are bucket fillers! Each day, we sing the chorus to Big House as performed by Audio Adrenaline (1993).

In essence, the song welcomes everyone - regardless of economic status, family structure, ethnicity, or culture - to God's house. It's important to me that the children understand: ALL are welcome in God's house - no matter what!

Come, and go with me to my Father's House
 Come, and go with me to my Father's House.
 It's a big, big house, with lots and lots of rooms
 A big, big table, with lots and lots of food.
 It's a big, big yard where we can play football.
 A big, big house. It's my Father's house!

During October, we will hear the stories of Abraham and Sarah's journey in the dessert and the Birth of Issac. These stories remind us that we can trust God's promises. We will also hear the stories of Moses' birth and learn about the Ten Best Ways to Live (Ten Commandments). These stories remind us to look for God's purpose in each of our lives.

Our first Mission Project for the year will begin October 23 rd. MUMC sends backpacks of food home with children from Menchaca Elementary School weekly. MUMC also provides bags of food and toiletries to Akins High School Counseling staff for distribution to students as needed. We will be collecting foods to help fill these back packs. Please include your child in choosing their items for this collection. Additional information about this project, including a list of needs, is in this newsletter. We ask that you support this project as you are able.

Blessings,
 Ms. Lyn



Food, games, music,
 fun for all!
 All are welcome!

DEVELOPMENTAL MILESTONES

Did you know that CDC teachers incorporate developmental milestones into their weekly lesson plans? The developmental milestones are from the book [Focused Portfolios](#). There are seven areas of development in the milestones:

Infant/Toddler:

1. Shows interest in others
2. Demonstrates self-awareness
3. Accomplishes gross-motor milestones
4. Accomplishes fine-motor milestones
5. Communicates
6. Acts with purpose and uses tools
7. Expresses feelings

Preschooler:

1. Thinking, Reasoning & Problem Solving
2. Emotional and Social Competency
3. Gross-Motor Development
4. Fine-Motor Development
5. Language and Communication
6. Reading and Writing Development
7. Creative Development

Mission Project: Menchaca Back Pack Project



The Children of MUMC –CDC: Being Jesus' Hands and Feet in the World

In chapel, we learn Jesus said the two most important rules are to (1) Love God, and (2) Love Others. Beginning October 23rd, we will 'love others' in a tangible way - by collecting

nutritious, non-perishable food items for the MUMC Food Pantry's Back Pack Program for Menchaca Elementary School and Akins High School students. Each week, MUMC delivers 4 to 5 back packs of nutritious food to Menchaca students to supplement weekend meals. In addition, MUMC prepares bags of food and toiletries for distribution by counselors to Akins High School students in need each month. Our collection will conclude November 10th.

Akins High School Needs

- Peanut Butter (18 oz jar)
 - Oatmeal (18 oz box)
 - Saltine Crackers (1 pound box)
 - Canned Meat, Tuna or Chicken Breast
 - Canned chili (15 oz)
 - Canned Broth-based Soup (10 oz)
 - Canned Cream Soup (Chicken, Mushroom, Celery)
 - Macaroni & Cheese (7.25 oz)
 - Canned Fruit in own juice (15 oz)
 - Canned Green Beans (15 oz)
 - Rice (1 pound bag or larger)
 - Tomato Sauce (8oz or larger)

 - Toilet Paper
 - Paper Towels
 - Liquid Dish Soap
 - Bar Bath Soap
 - Travel size toiletries
- Cans with tabs are helpful.



Monetary donations may be made to MUMC. Please write "food pantry" on the memo line. Thank you for your help in feeding those who are hungry in the South Austin - Buda - Kyle area.

Operation Backpack - Menchaca Elementary Students

- Individual fruit, pudding, applesauce cups
- Macaroni & Cheese and Ramen Noodle cups
- 100% Juice box drinks
- Cheerios (12 oz boxes)
- Tuna, chicken and Vienna Sausages in small tabbed cans