

# The Orchards Childcare and Preschool



# 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Fruit and vegetable are served with every lunch depending on what is available</b>	<b>1 B/egg muffin/fruit</b>  <b>Lunch: Ham and cheese rolls, fruit and vegetable</b>	<b>2 B/cereal/fruit</b>  <b>Lunch: Chicken Noodle Soup, fresh fruit</b>	<b>3 B/oatmeal/fruit</b>  <b>Lunch: Pancakes and Sausage and fruit and vegetable</b>	<b>4 B/sausage biscuit/fruit</b>  <b>Lunch: Pizza and salad and fruit</b>	<b>5 B/English muffin</b>  <b>Lunch: Baked Taco rice Casserole, fruit and vegetable</b>	<b>B = Breakfast</b>
<b>The following items are served for snacks at various times: Fruit, (apples, cut grapes, melons etc) yogurt, cheese, crackers, applesauce</b>	<b>8 B/pancakes/fruit</b>  <b>Lunch: Beef and cheddar sliders, fruit and vegetable</b>	<b>9 B/sausage biscuit/fruit</b>  <b>Lunch: Chicken and Biscuits, fruit and vegetables</b>	<b>10 B/ oatmeal/fruit</b>  <b>Lunch: Chef salad and fruit</b>	<b>11 B/egg muffins/fruit</b>  <b>Lunch: Pizza and salad , fruit</b>	<b>12 B/waffles/fruit</b>  <b>Lunch: Sloppy Joes, fruit and vegetable</b>	<b>Juice or milk served with breakfast. Milk served with lunch. Juice or water with snack</b>
<b>cottage cheese with fruit , veggies, vanilla wafers, graham crackers and animal crackers</b>	<b>15 B/egg muffin/fruit</b>  <b>Lunch: Turkey Sandwich, veggie and fruit</b>	<b>16 B/cereal/fruit</b>  <b>Lunch: Shepherd's Pie, fruit</b>	<b>17 B/pancakes/fruit</b>  <b>Lunch: Crispy Chicken wrap, fruit and vegetable</b>	<b>18 B/ oatmeal/fruit</b>  <b>Lunch: Pizza and salad , fruit</b>	<b>19 B/sausage biscuit/fruit</b>  <b>Lunch: Beef-a -roni, fruit and vegetables</b>	<b>ALL MENU ITEMS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY.</b>
<b>A few other items will be added upon Availability We are looking for even more healthy options.</b>	<b>22 B/pancakes and fruit</b> <b>Lunch: Grilled Cheese and tomato soup and fruit</b>	<b>23 B/oatmeal/fruit</b>  <b>Lunch: Hamburger Stroganoff with vegetables and fruit</b>	<b>24 B/cereal/fruit</b>  <b>Lunch: Chicken/ broccoli and rice casserole, fruit</b>	<b>25 B/waffles/fruit</b>  <b>Lunch: Pizza, salad and fruit</b>	<b>26 B/ French toast sticks/fruit</b>  <b>Lunch: Breakfast casserole and fruit</b>	<b>Breakfast served from 7:10—7:30 am</b>
	<b>29 The Orchards Closed for Memorial Day</b>	<b>30 B/sausage biscuit/fruit</b>  <b>Lunch: Chicken Salad Croissant and fruit</b>	<b>31 Cereal/fruit</b>  <b>Lunch: Bacon macaroni and cheese with fruit and vegetables</b>			