# To be a Youth Staff at SDFC...

#### 1) Lift up Christ

- In all you think, do, say, yearn for, breathe, purchase, and strive to be...
- Christ says, "Love the Lord your God with all your heart, with all your soul, and with all your mind." Matthew 22:37
- "Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is —his good, pleasing and perfect will." Romans 12:2

# 2) Member of a Christian Community

- Regularly attend and invest. Consider membership...
- Group that preaches Christ, loves their neighbors, and celebrates the Eucharist.
- Find a place that challenges you to practice Sabbath, tithe, fast, read, & serve.
- Try to find a place that has people who are different than you.
  - O We love SDFC. Also check out Mission Church of the Nazarene, South East Nazarene, Mid City Nazarene, Mosaic, Flood, The Rock, etc...

#### 3) Accountability

- A group of your peers or a close friend that will ask you tough questions about spiritual growth on a regular basis.
- "As iron sharpens iron, so one person sharpens another." Proverbs 27:17
- We can help you connect to a group if you do not have one.

# 4) Be Discipled

- If you are not on the "disciplee" end of a relationship then you have very little business being on the "discipler" end of another relationship.
- Find someone who is farther along in his or her faith journey to meet with you at least every other month.
- Go deep, share life, pray together.
- Seek out profs, RDs, older youth staff, adults/senior adults in our church.
- If you need help connecting with someone we have multiple people who can help
  - o Paige Milgrom, Leader of Mentoring Ministries mentoring@sdfcaz.com

# 5) Disciple Teens

- Be in relationship with teens.
- Be faithful to model participation in the Body of Christ to them.
- Regularly attend youth group and choose it over other events.
- Invite them to follow Christ as you follow Christ. Invite them into your passions.
- Openly encourage, question, and challenge their faith.

#### 6) Be Fully "In"

- Commit to being at youth group every week from 6-9pm for Senior High, or 5:30-8:30pm for Mid High
- Don't miss more than 2 youth groups a year.

**Read Acts 6:1-7.** If you are found to be full of the Holy Spirit and wise, and you are willing to follow the guidelines above, then we will proclaim you as ministers to the youth through San Diego First Church of the Nazarene.

We're excited that you're reading this. If you make yourself available, God will use you in various and exciting ways in the rest of your time here. Our prayer for you is that you will answer that call and follow Christ with your life by participating in the body of Christ. If you would like to become a member of the youth staff at SDFC, or would like more information on serving with us, we would LOVE to sit down and talk to you about it. The next steps are:

- 1) You make contact with us.
- 2) We interview you.
- 3) You fill out the Youth Staff application & we run a background check
- 4) You shadow a night of youth group to make sure you know what you are getting into.
- 5) You commit to faithfully serving and loving our teens. Pray and fast over this decision. This is a big commitment and we want people that will commit to being faithfully present in teen's lives.
- 6) We serve the Lord together by discipling teens. Amen!

Excited to hear from you,

Jeremy Schultheiss Youth Pastor 619.871.7691. jeremyschultheiss@gmail.com

#### **Youth Staff Application 2015 - 2016**

Purpose: A Youth Staff is a mentor.

Mentorship means showing the way to those who are younger.

In order to be a great youth staff you have to seek more than a friendship relationship with the teens. A mentor not only comes alongside the teen, but he or she gives guidance. This does not mean always having the "right" answers, but living in a way that gives them a model of what Christ-following looks like. That means in order to be on the youth staff team we need to be a family of people seeking to be like Jesus Christ.

The goal is to lift each other up as a like-minded community of Christ followers, who desire to dwell in the presence of the Lord. Desiring to walk towards Christ together as a united group of believers in the same community. We are not trying to be perfect, but in grace we want to reflect God's love at all times.

Let it be stated from the beginning that to join this team you have to be transparent. The success of the entire team rides on each individual's ability to be honest with themselves before God and each other. The expression of your honest thoughts, feelings, frustrations, joys, opinions and even your struggles will build the foundation for this group. If you want to be a student mentor, you need to be transparent.

#### **Youth Staff Living Standards:**

- 1) We find our identity in Christ, and in Christ alone (read Romans 5:9-11).
- 2) Be a follower of The Way (read 1 Timothy 4:12).

We love and value all human beings equally.

We use our words to build others up.

We strive to put others' needs above our own.

We look to be a servant in all situations.

We recognize our calling to be stewards of God's creation.

- 3) Out of my ever-growing love for God I commit to strengthening my relationship with God through devotions, Bible study, and prayer. I understand that by striving to know God, I am opening the door that allows God to direct my path. I know that by joining the Youth Staff team I am willingly committing to accountability in all areas of my life.
- 4) I commit to not to be drunk and/or do drugs. (read Ephesians 5:18; Romans 14:21). For PLNU students: I commit to abide by the lifestyle agreement I signed upon enrolling at PLNU.
- 5) I commit to be sexually pure. I understand the high purity standards set by the bible. I will fight to control my mind, will not look at porn, avoiding lustful thinking, dirty jokes or sexual language, and/or acting lustfully. I commit to having discussions about a "line" before we do anything in a physical relationship. If I am in a dating relationship I will find a number of peers/elders to discuss their dating journeys and will ask their advice for our sexual relationship. I understand that my body is God's property and is meant for worshipping God. In my physical life I will look to build up relationships instead of doing things that would cause heartache later. (read 1 Corinthians 6:18; 1 Peter 1:13-16).

If I have any questions about any of these physical expectations I will talk with Jeremy. If I am struggling with any of these things I will immediately find a mentor or fellow youth staff to talk to.

6) If I am currently struggling with any of these requirements I will discuss them with Jeremy immediately. Youth Staff humbly call others out and are humble when called out for actions that are not reflecting of the love God has for us. If you notice something that violates these rules in someone else (1) approach them one-on-one ASAP. Hopefully this will end the problem and they will receive you warmly. (2) If they do not receive you well, bring one other youth staff. (3) If they still do not receive that well, involve Jeremy. (read Matthew 18:15-17, 7:3-5).

#### **Youth Staff Requirements:**

- To be a leader you need to live a life above reproach (read 1 Tim 3:1-13 <u>carefully</u>).
- Joining this team is a year-long commitment to the SDFC youth group. Ideally you would commit to one age/gender group and invest in them all year/until the end of each school year.
- Attend all the youth staff meetings/activities that you can. You need to be at these. We will discuss what we can do better, what is going well, the specific needs of the kids, and the upcoming schedule of events. Being at meetings means being on time to meetings. This also means trying your best to attend youth staff hangouts, service activities, and retreats when they happen.
- Attend youth group activities regularly. You have to be around students in order to be in relationship with them. Leading small groups, being honest, helping pull off activities, and looking for ways to help out are always appreciated here. Create spaces for relationship times with teens. There is room to build something around your gifts, so speak up! We are here to support you.
- Attend youth group trips if at all possible so much happens on trips! Try to come to the SALT or LITE Retreats, OB Service Trip, Haiti, or Summer Camps 2016.
- Attend a Sunday morning Christian church service for worship and teaching on a regular basis. We highly recommend attending First Church (we chose it for a reason (:)
- Be in an accountability group, book study, or bible study of your choosing, and have a mentor. You need to be fed if you are going to provide any substance for the students.

**Social Media Policy**: Remain above reproach in your media interactions with minors. Please do not engage in extended, substantial, or personal communications via social media. Do not text with minors after 10:00pm. Never send/post material that could be open to misinterpretation.

#### Sabbath & Ending Your Time as a Youth Staff

- After three years of full-time service as a volunteer youth staff at SDFC, we would love to gift
  you with a month of sabbath rest from youth group, small groups, and mentoring students. We
  believe in rest. Use the time to read, sleep, stare at the ocean, pray, etc. Talk to someone before
  you leave so we can figure out the best way for you to talk to your students about why time off
  is important.
- If you feel that your season as a youth staff is coming to an end, please let us (Jeremy) know earlier rather than later. This decision should be a conversation, not an impulse you inform us of on your last day or after the fact. We understand that life happens in seasons and that sometimes it is healthiest for you and for your students if you end your time as a staff. However, we also understand that this can be a tough choice, and we would like to meet with you when you start considering this option so that we can talk it through with you, pray together, support you, and help you "leave well" in a way that respects and includes the students who care about you and will be affected by your decision.

ENCOURAGE OTHER PEOPLE OFTEN.

# San Diego First Church of the Nazarene Children's and Youth Ministry Staff Policy

The following policy is designed to clarify safe interactions between volunteers, ministry leaders, staff and any child under the age of 18. It must be followed by those who work with our teens and children both on and off the church premises. Notably, for purposes of this policy, an adult is defined as a person over the age of 18 who is also 5 years older then the group of children or teens with whom they interact.

# I. General Policy Involving SDFC Adult/Child and Youth Interaction

- A. The Two-Adult Policy: There must always be two unrelated adults for supervision of any size group of children/youth. If there is only one child/youth in a classroom or if there are several children/youth in a classroom, two adults must be present at all times. The one exception to this policy is that a child/youth may be one on one with his or her parent or guardian.
- B. There is to be no corporal punishment of any kind for any reason (e.g., spanking, pinching, etc.).
- C. There is to be no physical contact with "private parts" of any child/youth, with the exception of diaper changing. All diaper changing will be done in the nursery/classroom in full view of everyone present.
- D. Parents are to be notified and an "Incident Report" is to be completed as soon as possible in the event that an accident has occurred. Parents should sign the "Incident Report," and a copy is to be given to them. The additional copies of the "Incident Report" are to be turned in to the children's/youth ministry offices at the end of the program.
- F. All staff must have a completed background check on file at the church that has been approved by the director of the Children's or Youth Department or the Administrative Pastor before assuming responsibility for and care of children/youth. A background check includes, but is not limited to, a signed Children's/Youth Ministry Staff Policy, a completed Children's/Youth Ministry Application Form, and a state criminal background check.

#### II. Children's Department Policy

- A. No person under the age of 14 is allowed to pick up/carry a child in the classroom or take a child out of the classroom.
- B. There must be two adult staff present at all times during the changing of any child's diaper.
- C. When assisting a child who needs to use the restroom, first check to see that the restroom is empty. Then, one adult is to stand at the door of the restroom unless the child asks for help. In that case, one adult is to stand at the door while another adult helps the child.
- D. There can be no outside food or drink brought into the classroom for the adult staff.

#### III. Child/Youth Wellness Policy

- A. A child/youth with any of the following symptoms will not be allowed to participate with other children/youth at the church. If a child/youth should develop any of these symptoms while in a program, the parent/guardian shall be notified and the child/youth must be picked up in a timely manner.
- 1. Temperature over 98.6 oral. (Fever is associated with illness and is not associated with teething.)
- 2. Vomiting in the last 24 hours.
- 3. Diarrhea in the last 24 hours.

- 4. Skin rashes or eruptions of unknown origin, including but not limited to: impetigo, measles, chicken pox, etc. (Ask parents to notify Children's Ministry at (619)849-3117 or Youth Ministry at (619)849-3112. if their child/youth contracts any of these or another contagious illness.)
- 5. Persistent coughing associated with respiratory infection, including cold, bronchitis, etc.
- 6. Runny nose with a yellow or green-colored discharge, or congestion associated with a cough or fever.
- 7. Conjunctivitis (pink eye) that may also have a colored discharge or drainage.
- 8. Parasites, any form of lice, mites, or ringworm.
- 9. SDFC will not dispense medications unless requested by a parent. The request must appear in writing with clear instructions for a responsible adult to administer. Concerns regarding possible misuse of medications will be treated on a case-by-case basis.

# IV. Child/Youth Abuse Policy

- A. The church must follow state regulations in the reporting of child/youth abuse. Any suspected or alleged mistreatment/abuse of any kind is to be reported to the director of the Children's or Youth Department immediately.
- B. In cases where reporting is deemed necessary, the appropriate staff from SDFC will work closely with the family and any agencies involved. Our desire is to protect the child/youth and support the family.
- C. Any suspected or alleged child/youth abuse by a church staff member can result in temporary or permanent removal from ministry, pending the outcome of an investigation. This would be done to protect both the child/youth and the staff member.

# V. Off Premises Policy

- A. The director of the Children's or Youth Department must approve all activities.
- B. Signed parent permission slips must be obtained for all children/youth and kept with the leader of the activity.
- C. All children riding in non-church vehicles must have a separate signed parent permission slip authorizing them to do so.
- D. There are to be at least two unrelated adults at all times in a vehicle providing transportation for child/youth off-site activities.

I have read and understand each provision in the SDFC Children's/Youth Ministry Staff Policy and Procedures. I agree to comply with each provision and allow SDFC to conduct a Background Check on me (the applicant).

Name			_
Signature	Date		
Would you like a copy of the Background Check Report?		_Yes	No

# CHILDREN'S/YOUTH MINISTRY APPLICATION FORM (PLEASE COMPLETE FORM IN FULL, LEAVING NO BLANKS)

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Driver's license number:	Expiration	date:
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Please list other churches you have attended in the past five years:				
Name of church	Phone	Contact person		
Name of church	Phone	Contact person		
Name of church	Phone	Contact person		
people.	cation, or other factors that have helpe			
	AND ONE PROFESSIONAL, USING			
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Convicted, plead guilty to, or Convicted, plead guilty to, or Required to register with the s Hospitalized or treated for alc Arrested for a criminal offense	have pending charges of using or selling dr have pending charges for DUI? have pending charges of child abuse or neg tate for any criminal or sexual offense? ohol or substance abuse? e other than minor traffic violation? as a minor? (Optional)	rlect?		
	FOLLOWING ON A SEPARATE Paramy of the above, please explain or write the			
2) Are there any reasons involve entrusted with the care and If yes, please explain.	lving your lifestyle or in your background to leadership of young people?	that would create doubts that you can		
3) Please describe yourself in	two to three sentences.			
APPLICANT'S STATEM	ENT			
The information contained is organizations listed in this app fitness for children/youth wor from furnishing such evaluation submitted. I release SDFC from	correct to the best of my knowledge. I autholication to give you information they may be. I release all such references from my liabons to SDFC. I agree to and understand that m all liability and damages that may occur mation will be held confidential by the professional street to the best of the professional street.	have regarding my character and bility for any damage that may result at a criminal background check will be from the results of this information. I		

review, in regard to a leadership role, with the youth at SDFC. The information on this page will only be shared with those necessary in the evaluation of your volunteer position. Do you regularly attend a Sunday Church Service? (Please circle) Yes No In what ministries and/or activities are you currently involved? \_\_\_\_\_ Tell us why you have chosen to work with the youth at SDFC **Background Information:** \*\*\* If the answer to any of the questions below is YES, please attach another page and provide a full explanation. These issues will be discussed confidentially during your interview. Have you used, taken, or abused illegal or prescription drugs \_\_\_\_Yes \_\_\_\_No within the last 6 months? Have you ever been asked to step away from ministry or work with \_\_\_\_Yes \_\_\_\_No Students or children in any setting, paid or volunteer? \_\_\_\_ Yes \_\_\_\_No Do you struggle with pornography? \_\_\_\_Yes \_\_\_\_No Do you go attend or throw parties? \_\_\_\_Yes \_\_\_\_No Do you drink alcohol? Are you sexually active? \_\_\_\_Yes \_\_\_\_No Do you have any emotional conditions that would \_\_\_\_Yes \_\_\_\_No affect your work with youth? Has there been alcohol abuse, drug abuse, or physical or sexual abuse in your family background, if yes what steps have you taken to Yes No minimize the impact those issues create for you? Is there anything in your past or current life that may be a problem \_\_\_\_Yes \_\_\_ No if we found out about it later? By completing and turning in this packet are you committing that all the information turned in is true. You are further committing to being held accountable to the expectations of the youth group; this includes the actions you take in and outside of youth group, including time commitment, attitude and conduct while at church and emulating the character of Christ in all situations.

Date

Signature

The following questions are to be answered openly and honestly, for the purpose of assessment and