

# ReAdventuring

2016

## CHRISTMAS



### RETHINKING ADVENT THROUGH *mindfulness, gratitude, reflection, & compassion*

These four habits are difficult to cultivate amidst commercial Christmas culture.

To help, each week of this calendar invites us to consider ways to care for children - through prayer, study, giving, and action. By focusing together on how we can respond faithfully to the needs of children around us and across the world, our prayer is that we will be formed into more mindful, grateful, reflective, & compassionate people.



### week one: CREATING HOPE FOR CHILDREN

#### BEFORE YOU START:

- \* Make this work for you! Pick & choose among the activities or shift monetary amounts.
- \* For activities that suggest amounts to donate, it's helpful to have coins ready at the start and designate a common jar to collect coins. Or - create an "IOU" tracking sheet!

READ	PRAY	LEARN	GIVE	DO	GO
Proverbs 19:17 says: "Whoever is kind to the poor lends to the Lord, and He will reward them for what they have done."  Add a dime every day this week for each person in your household who recites it correctly.	Pray for children in poverty without access to basic necessities, education, or medical care and how you might intervene.  For a beautiful prayer of compassion to guide you through Advent, visit: <a href="http://tinyurl.com/h6qoz57">tinyurl.com/h6qoz57</a> .	UNICEF cites 47% percent of those living in extreme poverty are 18 years old or younger. If we want to end poverty one day, we need to focus on them.	162,000 children in San Diego don't have access to adequate meals (UCLA). Count all the boxes and cans of food in your cupboards. Give 10 cents for each one, and consider donating some of these goods to a local food pantry or soup kitchen that will provide meals for hungry families this holiday season.	SDFC is partnering with Generate Hope to provide Christmas gifts for children whose mothers have recently been rescued from trafficking and slavery. Consider providing a gift for a child -- gift tags available at the Hub.	Watch this incredible video about Child Sponsorship: <a href="http://tinyurl.com/jftj18o">tinyurl.com/jftj18o</a> .  Prayerfully consider sponsoring a child this year with your family, small group, or friends for only \$30/month. For more info, visit the Hub or <a href="http://cs.ncm.org">cs.ncm.org</a> .