

INTRODUCTION

In a psalm of thanksgiving, David recognizes that God is one who delights in his saints to deliver them from trouble and offer them refuge in times of need.

DISCUSSION

- 1. David speaks of the "fear of the Lord." What is a proper fear of the Lord?
- 2. What does it mean to bless God? How can we possible give to God what he does not already have?
- 3. David implores us to bless God "at all times." How do we bless God at always, both in the good times and in the bad times?
- 4. God does not promise a life of ease; rather, he promises a life of deliverance. Why do we so often forget this truth? In what ways have you experienced this in your life?
- 5. Read Ps 34:21-22. What does it mean to stand under condemnation before God? How does Christ spare us from this condemnation?

APPLICATION

David tells his readers to "taste and see that the Lord is good." With our community group, share a time when God was good to you. Perhaps it was the moment he saved you, or a time you sought refuge in him, or a season when he delivered you from trouble.

PRAYER

Spend some time in prayer with one another for things drawn out of the discussion.