



Because some of us sometimes need a hand, please let us know if you are willing to help with things like . . . (please check how you'd be willing to help)

- Helping some move who may need help moving (often to to a retirement community or a smaller more affordable place).
- Cleaning, organizing or sometimes even packing.
- Helping with yard work or clean up.
- Spending some time with someone who needs around the clock care, so their caregiver can get a break for errands, shopping, or just to catch their breath.
- Visiting someone who may have a hard time getting out and about.
- Sharing a meal during those times when the things that absorbing time and attention leave little emotional energy for meal planning.
- Just being available to to help out as needed.

Name _____

Phone and/or e-mail _____



There are a number of ministry areas where God might be inviting you to consider serving.
(please check any of those below that you'd like to explore more)

- Audio / Projection / Lighting / Video for Church Events
- Helping with Fellowship Dinners or Funeral Dinners
- Serving as a Deacon or Deaconess
- Greeting people on Sabbath morning
- Helping out in Children's Sabbath School
- Helping with mailings, bulletins, etc.
- Becoming a part of our Quilting Ministry (Prayers & Squares)
- Visiting people who have a hard time making it to church
- Teaching an honor, or helping out with Pathfinders or Adventurers.
- Something else you have in mind?